

	Bib	First Name	Last Name	Club/Team	Gender	Category	Run Po
2015	2629	Paul	Whittaker	Southend AC	M		
	2408	Mike	Hopkins	CASTLE POINT JOGGERS	M	45	
	959	Patrick	O'Connor	CASTLE POINT JOGGERS	M	50	
	805	Lee	Cohen	CASTLE POINT JOGGERS	M	40	
	2060	Colin	Dunn	CASTLE POINT JOGGERS	M	40	
	1532	Rachel	Welch	CASTLE POINT JOGGERS	F	45	
	1533	Brian	Welch	CASTLE POINT JOGGERS	M	45	
	155	Lorna	Harvey		F	50	
	Bib	First Name	Last Name	Club/Team	Gender	Category	Run Po
2014	2959	Paul	Whittaker	SOUTHEND AC	M		1
	1	Mike	Hopkins	CASTLE POINT JOGGERS	M	45	296
	2506	Mark	Armitage	CASTLE POINT JOGGERS	M	40	594
	645	Julia	Clement	CASTLE POINT JOGGERS	F	45	1007
	1913	Sue	Frost	CASTLE POINT JOGGERS	F	45	1142
	48	Catherine	Maylin	CASTLE POINT JOGGERS	F	40	1261
	2653	Claire	Renwick	CASTLE POINT JOGGERS	F	35	1552
	1225	Sarah	Jackaman	CASTLE POINT JOGGERS	F	55	2024
	2576	Mary	Morris	CASTLE POINT JOGGERS	F	65	2120
	388	Becky	Ellis		F	40	2139
	Bib	First Name	Last Name	Club/Team	Gender	Category	Run Po
2013	1504	Will	Green	SERPENTINE RC	M		1
	1989	Ben	Avery	CASTLE POINT JOGGERS	M		225
	1139	Paul	Franklin	CASTLE POINT JOGGERS	M	50	647
	2106	Mel	Brady	CASTLE POINT JOGGERS	F	35	690
	1890	Jo	Fistall	CASTLE POINT JOGGERS	F	45	707
	1846	Jo-Anne	Hamilton	CASTLE POINT JOGGERS	F	35	713
	407	Daniel	Hobbs	CASTLE POINT JOGGERS	M		778
	1174	Rory	Stone	CASTLE POINT JOGGERS	M	40	1039
	722	Danny	Brady	CASTLE POINT JOGGERS	M	50	1046
	1770	Sarah	Jackaman	CASTLE POINT JOGGERS	F	55	1813
	2015	Helen	Marriott	CASTLE POINT JOGGERS	F	55	1817
	1507	Angie	Mitchell	CASTLE POINT JOGGERS	F	45	1820
	411	Mary	Morris	CASTLE POINT JOGGERS	F	55	1860
	1317	Fred	Lowman	CASTLE POINT JOGGERS	M	60	1894
	1322	Gemma	Kinsalla		F		1903

	Bib	First Name	Last Name	Club/Team	Gender	Category	Run Po
2012	1841	Anthony	Jackson	Sittingbourne Striders	M		1
	874	Paul	Jackaman	CASTLE POINT JOGGERS	M		28
	1602	John	Rickard	CASTLE POINT JOGGERS	M	55	547
	1147	Mark	Armitage	CASTLE POINT JOGGERS	M	40	552
	854	Tracy	Sodeau	CASTLE POINT JOGGERS	F	45	732
	1822	Roger	Hare	CASTLE POINT JOGGERS	M	65	925
	1823	Jude	Hare	CASTLE POINT JOGGERS	F	65	926
	575	Clayre	Grice	CASTLE POINT JOGGERS	F	35	1280
	675	Mary	Morris	CASTLE POINT JOGGERS	F	65	1417
	872	Sarah	Jackaman	CASTLE POINT JOGGERS	F	55	1443
	738	Angie	Mitchell	CASTLE POINT JOGGERS	F	50	1444
	648	Amanda	Watts	CASTLE POINT JOGGERS	F	40	1464
	1149	Chantelle	Watts		F		1495
	Bib	First Name	Last Name	Club/Team	Gender	Category	Run Po
2011	215	Paul	Martelletti	VICTORIA PARK HARRIERS	M		1
	1400	Peter	Osborne	CASTLE POINT JOGGERS	M	40	173
	209	John	Gould	CASTLE POINT JOGGERS	M	40	179
	202	Mick	Staines	CASTLE POINT JOGGERS	M	60	379
	231	Mike	Hayward	CASTLE POINT JOGGERS	M	45	592
	218	Graham	Jones	CASTLE POINT JOGGERS	M	60	632
	1161	Lisa	Rieffel	CASTLE POINT JOGGERS	F	45	708
	1562	Rick	Goldsmith	CASTLE POINT JOGGERS	M	45	709
	2314	Patrick	Horgan	CASTLE POINT JOGGERS	M	50	746
	887	Mark	Armitage	CASTLE POINT JOGGERS	M	40	779
	1743	Nicholas	Pugh	CASTLE POINT JOGGERS	M	75	1084
	1060	J	Hamilton	CASTLE POINT JOGGERS	F	40	1189
	1872	Betty	Darley	CASTLE POINT JOGGERS	F	60	1243
	1355	Beckie	Eshmade	CASTLE POINT JOGGERS	F		1390
	1382	Mary	Morris	CASTLE POINT JOGGERS	F	65	1458
	74	Sarah	Jackaman	CASTLE POINT JOGGERS	F	55	1459
	1744	Daphne	Pugh	CASTLE POINT JOGGERS	F	65	1465
	413	Clive	Dunnico	CASTLE POINT JOGGERS	M	65	1500
574	Christopher	Pearce		M		1507	

Gun Time	hip Pc	Chip Time
	1	1:12:03
	608	1:50:33
	635	1:51:16
	804	1:55:24
	1109	2:01:49
	1528	2:15:34
	1960	2:51:19
	2053	4:31:35
Gun Time	hip Pc	Chip Time
1:11:20	1	1:11:19
1:43:09	332	1:42:56
1:53:26	663	1:53:00
2:04:21	1009	2:02:29
2:08:44	1159	2:06:48
2:12:33	1285	2:10:40
2:21:02	1549	2:18:05
2:47:35	2015	2:43:50
3:11:52	2120	3:08:08
3:38:01	2138	3:34:54
Gun Time	hip Pc	Chip Time
1:12:23	1	1:12:23
1:36:04	218	1:35:18
1:48:24	659	1:47:35
1:49:36	669	1:47:50
1:50:03	731	1:49:18
1:50:13	692	1:48:25
1:51:41	829	1:51:19
1:57:36	1024	1:55:30
1:57:42	996	1:55:04
2:31:53	1811	2:29:46
2:33:06	1817	2:30:56
2:33:16	1818	2:31:09
2:42:11	1860	2:40:01
2:58:27	1895	2:56:07
3:21:57	1903	3:20:37

Gun Time	hip Po	Chip Time
1:14:50	1	1:14:48
1:25:17	29	1:25:11
1:54:27	573	1:54:02
1:54:32	577	1:54:05
1:59:51	689	1:57:34
2:05:58	915	2:04:10
2:05:58	914	2:04:10
2:23:11	1269	2:20:36
2:38:08	1410	2:35:29
2:43:29	1440	2:40:49
2:43:32	1441	2:40:53
2:51:14	1464	2:48:38
3:33:01	1495	3:32:10
Gun Time	hip Po	Chip Time
1:07:56	1	1:07:56
1:33:43	179	1:33:38
1:33:57	178	1:33:33
1:43:39	396	1:43:24
1:50:52	609	1:50:05
1:51:57	667	1:51:26
1:53:47	709	1:52:39
1:53:47	712	1:52:39
1:54:43	744	1:53:28
1:55:33	814	1:54:58
2:05:18	1074	2:03:37
2:10:11	1183	2:08:36
2:12:54	1244	2:11:21
2:26:41	1389	2:25:05
2:35:41	1456	2:33:17
2:35:41	1457	2:33:17
2:37:15	1467	2:35:35
2:54:53	1500	2:52:19
3:27:14	1507	3:26:15

Richard	Bonham	44	00:33:17.70	
Adam	Poulton	51	00:34:17.55	
Cliff	King	64	00:34:59.50	
Graeme	Edwards	100	00:37:36.35	
Ian	Hart	124	00:39:23.70	
Katie	Adcock	202	00:43:57.40	(PB)
Kairen	Hart	214	00:44:58.30	
Phil	Ransom	215	00:44:59.65	
Roger	Hare	261	00:48:29.90	
Jude	Hare	262	00:48:30.85	1st in category FV65